

Lightwaves, the South Coast Area Newsletter

ECKANKAR

Religion of the Light and Sound of God

*****January 2009*****

ECK WORSHIP SERVICE

The Blessings of Gratitude

CONTEMPLATION SEED

"In the physical universe sound currents originate from vibratory motion and have the purpose of carrying on the work of creation in various ways. The original word current, "HU" is the father of all motions, forces, lights, sounds and elements that subsequently came into existence in the fifth plane and belong to IT."

--Paul Twitchell, *The Flute of God*, p.76

**Sunday, 11:00 am, January 11th
Coos Bay Library Cedar Room, 525
Anderson**

The public is warmly invited to ECK Worship Services. Each service focuses on an aspect of Eckankar. The Service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God. For those who like, light snacks follow the service.

New 6 month Book Study

Commencing January 21st, 1:00 pm - 2:00 pm

*What is Spiritual Freedom?, Mahanta Transcripts,
Book 11, by Harold Klemp*

Followed by a 20 minute HU Sing

Facilitator: June Adams - 271-3599

January Events Calendar

January 9th, Friday

6:00 pm - 6:30 pm

HU Sing, Cedar Room, Coos Bay Library
Public Welcome

January 11th, Sunday

11:00 am - 12:00 noon

Worship Service, Coos Bay Library Cedar Room
Public Welcome

January 21st, Wednesday

1:00 pm - 2:00 pm

Book Study, What is Spiritual Freedom? Mahanta Transcripts, Book
11, Chapters 1 & 2

Home of June Adams, 2091 Greenwood Ave., Reedsport

Followed by a HU Sing, after a short break

January 30, Friday
2:00 pm - 2:30 pm
HU Sing, North Bend Library Conference Room
Public Welcome

** A Note **

Worship Service for the next two months will be held on the 3rd
Sunday February 15 and March 15

If anyone is interested in having a HU Sing in their area, please contact
me

Ruth Gallagher, Area Director, 2245 Hayes St., No. Bend, 97459 756-
2266 rgheartline@gmail.com

For more information and free book, call 1-800-LOVE GOD or to see video clips
of Sri Harold or download a free book, visit Eckankar's new international website:
www.eckankar.org

Oregon's website is www.eckankar-oregon.org for activities in all Oregon areas.

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Spiritual Services Coordinator: Marline Akhtar, 756-4433

Regional ECK Spiritual Aide: Roland Reeb, reebstar@comcast.net (if there is a
question for the RESA, he has asked that it go through local channels first) ECK
Spiritual Aid, Initiator and Clergy: Marlene Akhtar, 756-2266

ECK Spiritual Aid and Initiator: Maureen Jenne, 541-345-7047 Initiator: Mark
West 541-434-8075

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The opinions expressed in this newsletter are those of the writers and not
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