

The Salem Sound Current

ECKANKAR
Religion of the Light and Sound

Public ECKANKAR Events for Friends and Families

“There must be a balance between everyday living and the spiritual life. Otherwise a person is not living in harmony with Divine Spirit. I mention this because there are people who separate themselves from life.

“Many years ago in Tibet, people would put themselves in little closed areas of contemplation or meditation. They would actually have a stone hut built around them, with a little place for food to come in every day if someone fed them. Otherwise they’d starve inside their little beehive. This was how they spent their time. They thought by doing this they were more spiritual. But they were actually separating themselves from life. This is sometimes necessary for people to do, simply to get through the experience in that lifetime and find out it was not necessary to do.

“But there is a lot of wisdom to be gained from doing. Most of you who are here, have been there. You’ve done all the far-out things that are possible to do in trying to reach God and find truth. You may have tried celibacy and other things. You may have practiced them not because it fit your nature, which is all right, but because of the ill-conceived notion that leading a celibate life makes you more holy in the sight of God than other people who are not celibate. And this is wrong. To do it for yourself is one thing. But if you do it so you can compare yourself to someone else and think you’re better it’s a mistake. But, no problem. You’ve got a whole lifetime to work it out, or two or three if you want. Nobody’s pushing you. There’s no hurry.” From “Our Spiritual Wake-Up Calls,” by Harold Klemp. This book can be ordered from your local bookstore or at <http://www.eckankar.org/Books/index.html>.

New First Year Class Starting

Experience the miracle of spiritual growth with ECKANKAR Membership and The Easy Way Discourse Class. A meeting of the newly forming Easy Way Satsang Class members will occur after the ECK Worship Service on January 17th from 12:30-1:30 p.m. at Chemeketa Community College, Building 28, Room 101. Call Kay at 503-362-2695 for information about joining this or any other ECK class you might like to attend.

Tell Your Friends, Family Members and Acquaintances

A new Spiritual Discussion series begins in January. Base on the Spiritual Wisdom series books by Harold Klemp, the first discussion is titled Spiritual Wisdom on Health and Healing. First time attendees will receive a free copy of the book by the same title. Join us on Friday, January 15, 2010 at 5:30-7:00 p.m. for this 1 1/2 hour discussion, held at Chemeketa Community College Building 28 room 101 (parking permits will be available.) Additional discussions are scheduled for 2/19 Conquering Fear, 3/19 Relationships, and 4/16 Have You Had a Spiritual Experience? At the same time and location. Contact Marilyn Van Grunsven at 503-538-7774 for more information.

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Harold Klemp
The Spiritual Leader
of Eckankar

To have this newsletter sent to your email address, please call 503-362-2695.



**Visit ECKANKAR's Web site
at www.eckankar.org.**

ECKANKAR Membership

When someone wishes to learn a new skill or skills, sometimes, if they are fortunate, they get to study and work alongside a master craftsman who can teach them more than they could ever learn out of any book or training class. They get the benefit of all of that person's experience—specially developed techniques, tools, and shortcuts to getting the very best results. In ECKANKAR, we have the good fortune of having a master craftsman in the spiritual arts and sciences with us always. Membership in ECKANKAR enables us to study and work much more closely with the Mahanta, the Living ECK Master as we construct and travel our individual paths to God. Membership provides you with his writings in the form of monthly discourses, quarterly newsletters and members-only meetings to help you grow and unfold spiritually in ways you never dreamed could happen. You have the opportunity to attend Advanced Spiritual Study Classes called Satsang Classes that help you and others to go ever deeper into the most secret of spiritual teachings with the guidance of the Mahanta and discover how to apply what you learn to your daily life. For more information or to join a class, please call Kay Marikos at 503-362-2695.

Public ECKANKAR Events for You, Your Friends and Families

You're cordially invited to attend ECK Worship Services in Salem. ECK Worship Services give you a small taste of the ECK Satsang Class experience, one of the most stabilizing, educational, uplifting and enjoyable activities ECKists have the good fortune to attend. Someone reads aloud a brief passage about a spiritual topic. Then those attending sing HU, a love song to God, for a few minutes and follow that with a contemplation of the reading and topic. An open discussion of the topic and how it applies to one's daily life follows. Those who attend often discover how the spiritual guidance of the Mahanta, The Living ECK Master is at work and available more and more in their lives.

ECK WORSHIP Services in Salem take place at Chemeketa Community College, Building 28, Room 101— a little north and east of Building 2 and 16 (take the sidewalk between Building 16 and the other small buildings and walk back to Building 28), on the third Sunday of the month, from 11 a.m. until noon. This month, on **January 17th**, the ECK Worship Service topic will be, **"Why is Life Sometimes Hard?"**



ECKClergyService

ECK members and the public are welcome to contact a member of the ECK clergy about the following services.

The four ECK celebrations of life are: The ECK Consecration Ceremony for young children, celebrating new life and a new phase in Soul's journey home to God; the ECK Rite of Passage for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the ECK Wedding Ceremony; and the ECK Memorial Service.

The ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, who is an ECK cleric specially appointed and trained to offer this assistance.

There are no fees for the above services, but ECK clerics accept donations to ECKANKAR. For more information, please contact:

- Ed Bloom 503-304-2988
- John Marikos, Initiator, ESA 503-362-2695
- Kay Marikos, Initiator, ESA 503-362-2695
- Anne Roberts, Initiator, ESA 503-554-9700
- David Van Grunsven, Initiator 503-538-7774
- Marilynn Van Grunsven, Initiator 503-538-7774
- Roland Reeb, Oregon RESA
(Regional ECK Spiritual Aide),
Initiator, ESA 503-259-8765

For more information about ECKANKAR:
<http://www.eckankar.org>. or call 1-800-Love-God

For more information about ECKANKAR activities
in Oregon: www.eckankar-oregon.org

For information about local activities call: Marilyn or Dave Van Grunsven. Local Directors of Marion, Polk and Yamhill counties at 503-538-7774.

If you are interested in helping others learn about ECKANKAR, please contact Ellie Bloom at 503-304-2988.

If you wish to make a donation, please contact Alan Gibson at 503-371-3620.

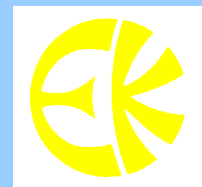
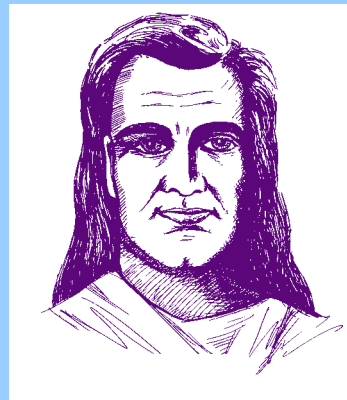
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The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

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