

## January Book Discussion: Spiritual Wisdom on Relationships

Human relationships can be our greatest challenge, whether at work, home, or with family and friends. Harold Klemp says, "Life's best teachers are the people who toss thorns in our path. So long as it makes us sore, there's a spiritual lesson that pleads for an airing."

Discover spiritual techniques to help break a pattern of poor relationships.

A lively, interactive discussion class based on the booklet *Spiritual Wisdom on Relationships* by Harold Klemp, spiritual leader of Eckankar, will be offered on Saturday, January 14 at 2:30 p.m. in the main meeting room of the Corvallis Public Library. Spiritual seekers interested in the topic are welcome to join in to explore ways to apply spiritual principles to improve work, family, and love relationships. Those new to Eckankar will receive a free copy of the booklet.

For more information or to request your free booklet to be sent to you in advance, call (541) 740-7384.

## Experience an ECK Worship Service

You are invited to join in an ECK Worship Service at 10:00 a.m. the second Sunday of the month in Eugene or the fourth Sunday of each month in Corvallis. Newport and Lincoln City offer worship services at 11:00 a.m. (first Sunday at the South Beach Community Center, and second Sunday at the Lincoln City Community Center).

Led by a member of the Eckankar clergy, the service consists of a reading from the works of Eckankar, a short HU Song followed by a few minutes of silent contemplation, and an informal group discussion exploring the day's topic.

Come, discover how the spiritual tools offered by Eckankar can help you find more divine love in your life.

For more information, call the phone numbers below, and check the events list at right for dates and times.

**Corvallis ECK Center**  
 425 SW Madison, Suite N,  
 Corvallis, (541) 740-7384

**Eugene ECK Center**  
 2833-C Willamette, Eugene, (541)  
 914-0557

**Lincoln City Community Center**  
 Lincoln City, (541) 574-1015

**Newport—South Beach Community Center**, (541) 574-1015

### Area ECKANKAR Events

#### January 2012

- 1 Community HU Song, 10:00 a.m., Corvallis
- 1 HU Song, 10:30 a.m., Newport
- 1 ECK Worship Service, 11:00 a.m., Newport
- 8 ECK Worship Service, 10:00 a.m., Eugene
- 8 Book Discussion, 11:00 a.m., Newport
- 8 ECK Worship Service, 11:00 a.m., Lincoln City
- 14 Book Discussion: "Spiritual Wisdom on Relationships, 2:30 p.m., Corvallis Library
- 15 Community HU Song, 2:00 p.m., Sisters Library
- 22 ECK Worship Service, 10:00 a.m., Corvallis
- 22 Community HU Song, 10:00 a.m., Eugene

#### February 2012

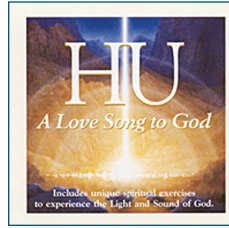
- 5 Community HU Song, 10:00 a.m., Corvallis
- 5 HU Song, 10:30 a.m., Newport
- 5 ECK Worship Service, 11:00 a.m., Newport
- 11 Community HU, 2:00 p.m., Downtown Library, Bend
- 12 ECK Worship Service, 10:00 a.m., Eugene
- 12 Community HU Song, 11:00 a.m., Lincoln City
- 12 Book Discussion, 11:00 a.m., Newport
- 26 ECK Worship Service, 10:00 a.m., Corvallis
- 26 Community HU Song, 10:00 a.m., Eugene

Visit [www.ECKBooks.org](http://www.ECKBooks.org) for a complete listing of Eckankar books available online.

## Learn to Sing HU

*If you sing HU with a feeling of love, it will gradually open your heart to God.*

—Harold Klemp,  
*The Call of Soul*, page 36



The Community HU Song is open to all who wish to explore the benefits of singing HU, the ancient love song to God, for inner peace and spiritual unfoldment.

**Corvallis:** The first Sunday of each month, 10:00 a.m., Corvallis ECK Center, 425 SW Madison, Suite N. For more information, call (541) 740-7384. (Every attendee new to the HU song receives a gift copy of the compact disc *HU, A Love Song to God*.)

**Central Coast:** 11:00 a.m. on February 12 at the Lincoln City Community Center. For more information, call (541) 574-1015.

**Central Oregon:** 2:00 p.m. at the Sisters Library on January 15 and at the Downtown Library in Bend on February 11.

**Eugene:** Fourth Sunday of each month, 10:00 a.m., Eugene ECK Center, 2833-C Willamette. For more information, call (541) 914-0557.

To learn more about HU and listen to thousands of people singing HU, visit [www.HearHU.org](http://www.HearHU.org).

## Membership in Eckankar

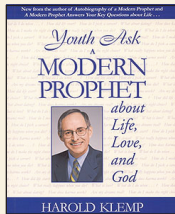
Eckankar, Religion of the Light and Sound of God, can help you find answers to your deepest spiritual questions. Through ECK Worship Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes (see *The Easy Way—ECK Satsang* on page 3). For more information visit Eckankar's Web site at [www.Eckankar.org](http://www.Eckankar.org), call 1-800-LOVE-GOD, or write:

ECKANKAR  
Att: Information  
PO Box 2000  
Chanhasen, MN 55317-2000



**Harold Klemp**  
The Spiritual Leader  
of Eckankar



## Youth Ask a Modern Prophet . . .

*A friend is always trying to draw me into her conflicts. How do I handle this problem, since she is very close to me?*

There are people who try to draw others into their problems. Their own troubles are overwhelming because they like the attention from others.

Of course, how much you choose to become a part of her world is for you to decide. But don't feel guilty if you want to pull out of the situation because it interferes with your life.

She has to make up her own mind about personal decisions. If her inner guidance gives her a direction, fine. All her decisions have to be her own.

You may act as a listening post if you want to. But don't let her take your life away from you.

—Harold Klemp,  
*Youth Ask a Modern Prophet about  
Life, Love, and God*, Pages 6–7

(For this and other Eckankar books, visit [www.eckbooks.org](http://www.eckbooks.org).)



# January 2012 Calendar of Public Events

Event Locations—Eugene: 2833-C Willamette (541) 914-0557 • Corvallis: 425 SW Madison, Suite N (541) 740-7384 •  
Bend: Call (541) 389-2933 • Roseburg: Call (541) 343-2657 • Albany: Call (541) 740-7387 • Central Coast: (541) 574-1035

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Community HU</b> 10:00 a.m., Corvallis <b>ECK Worship</b> <b>Service</b> 11:00 a.m., Newport	2	3	4	5	6	7
<b>8</b> <b>ECK Worship</b> <b>Service</b> 10:00 a.m., Eugene <b>Book Discussion</b> 11:00 a.m., Newport <b>ECK Worship</b> <b>Service</b> 11:00 a.m., Lincoln City	9	10	11	12	13	<b>14</b> <b>Book Discussion:</b> <b>Spiritual Wisdom on</b> <b>Relationships</b> 2:30 p.m., Corvallis Library
<b>15</b> <b>Community HU</b> 2:00 p.m., Sisters Library	16	17	18	19	20	21
<b>22</b> <b>ECK Worship</b> <b>Service</b> 10:00 a.m., Corvallis <b>Community HU</b> 10:00 a.m., Eugene	23	24	25	26	27	28
29	30	31				



# February 2012 Calendar of Public Events

Event Locations—Eugene: 2833-C Willamette (541) 914-0557 • Corvallis: 425 SW Madison, Suite N (541) 740-7384 • Bend: Call (541) 389-2933 • Roseburg: Call (541) 343-2657 • Albany: Call (541) 740-7387 • Central Coast: (541) 574-1035

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 <b>Community HU</b> 10:00 a.m., Corvallis <b>ECK Worship Service</b> 11:00 a.m., Newport	6	7	8	9	10	11 <b>Community HU</b> 2:00 p.m., Bend Library, Downtown Bend
12 <b>ECK Worship Service</b> 10:00 a.m., Eugene <b>Community HU</b> 11:00 a.m., Lincoln City <b>Book Discussion</b> 11:00 a.m., Newport	13	14	15	16	17	18
19	20	21	22	23	24	25
26 <b>ECK Worship Service</b> 10:00 a.m., Corvallis <b>Community HU</b> 10:00 a.m., Eugene	27	28	29			

## The Easy Way—ECK Satsang

The *Easy Way* discourses are a portal for you to enter the secret worlds that exist beyond our cosmos, the higher regions so well known to the ECK travelers and the saints of old.

In the ECK Satsang, members of Eckankar meet monthly to study spiritual discourses written by Harold Klemp, the spiritual leader of Eckankar, beginning with *The Easy Way Discourses*. You may arrange to visit or join a Satsang class by calling:

<b>Bend</b>	Debbie Hosier	(541) 388-1628
<b>Eugene</b>	Maureen Jenne	(541) 345-7047
	Karen Creighton	(541) 914-0557
<b>Corvallis</b>	Ann Easterly	(541) 757-2467
	Gary Irwin	(541) 231-9616
<b>Central Coast</b>	Sharon Sheppard	(541) 574-1015

For more information on membership or to apply for membership online, please visit [www.Eckankar.org/Membership/](http://www.Eckankar.org/Membership/).

## The Temple Door

(Excerpted from *The Spiritual Exercises of ECK*, page 137, by Harold Klemp, copyright © 1993, 1997 ECKANKAR. All rights reserved.)

*T*his is a very simple exercise to make contact with the voice of God.

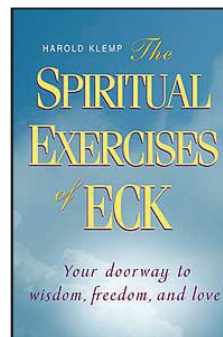
Close your eyes and relax. You are preparing to enter the inner temple, that sacred place where Soul has communication with God. You may see the Light of God first in your Spiritual Eye. You may see It as a Blue Light or a Blue Star. You may see It as a globe or blob of light.

This means you have contact with the highest state of consciousness that is available. It can uplift you to that very same state, too, but not overnight—the shock would be too great.

After you see the Light in your Spiritual Eye or feel It in your heart center, then comes the Sound. The Sound may come first at times.

The Sound may be that of the flute of God which comes from the Soul Plane. Or you may hear the buzzing of bees or any number of different sounds. Later, as you move higher, it may become a very high peeping sound, a single peep so high that it feels as if you can barely ready it.

It is the voice of God uplifting you.



## What does the word “Eckankar” mean?

*Eckankar* means “Co-worker with God.” It is the destiny of each Soul to experience God and serve all life.

*ECK* is another word for the Life Force or Holy Spirit, which can be experienced as Light and Sound. It is also known as the Audible Life Stream.

### *A Seed for Contemplation.*

*The word HU will spiritualize you. It's an old name for God. Sing HU on the way to work, for instance, and you will find that you have a different way of looking at the people around you and at the work you do.*

*When you run into a problem, such as making a mistake that might cost the company money, sing HU to yourself. When you sing it you are saying, “I want to come into harmony with life. Quite obviously I'm out of it at this moment, or I wouldn't have made this mistake.*

*Someone might approach you in anger, and suddenly the area around you is thrown out of harmony. . . .*

*Rather than respond with anger, sometimes it's better just to quietly chant HU and listen to the other person.*

—Harold Klemp,  
*How the Inner Master Works*,  
page 76

## What Is Eckankar?

**Eckankar** (pronounced *EHK-ahn-kahr*), **Religion of the Light and Sound of God**, is a truly spiritual religion for the individual in modern times. The teachings provide a framework for anyone to explore his or her own spiritual experiences. Its teachings emphasize the value of personal experience as the most natural way back to God. Whatever your religious background, they show how to look and listen within yourself—to expand your consciousness and enjoy spiritual freedom. Are you at a crossroads? Are you ready to take another important step on your road to spiritual freedom and self-mastery? If yes, then let's get started. For free information, with no obligation, you may reach us at:

**ECKANKAR Center of Eugene** . . . . . (541) 914-0557  
2833-C Willamette St., Eugene, OR 97405

**ECKANKAR Center of Corvallis** . . . . . (541) 740-7384  
425 SW Madison St., Suite N, Corvallis, OR 97330

**Bend** (for locations, directions, and more information): . . . . . (541) 389-5457 or 350-2933

**Central Coast** (for locations, directions, and more information) . . . . . (541) 574-1015

**ECKANKAR Web Site** . . . . . [www.eckankar.org](http://www.eckankar.org)

**Oregon Satsang Society Web Site** . . . . . [www.eckankar-oregon.org](http://www.eckankar-oregon.org)

To request an introductory mailing, call. . . . . 1-800-LOVE GOD (568-3463)

*Graceful living, being gracious, means that you are filled with the blessings of God.*

—Harold Klemp, *How the Inner Master Works*, Mahanta Transcripts, Book 12, page 1



**ECKANKAR**  
Religion of the  
Light and Sound of God

The *Wind Song* Newsletter

ECKANKAR Center of Eugene  
2833-C Willamette St.  
Eugene, OR 97405

(541) 914-0557

RETURN SERVICE REQUESTED

Subscriptions are complimentary. However, **donations of \$12 per year to help with printing and mailing are appreciated.** Please send subscription requests, donations, and changes of address to the above address. According to federal guidelines, the material value of this publication is insubstantial and therefore the full amount of your contribution is tax-deductible.

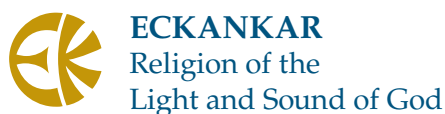
## What Is Eckankar?

**Eckankar** (pronounced *EHK-ahn-kahr*), **Religion of the Light and Sound of God**, is a truly spiritual religion for the individual in modern times. The teachings provide a framework for anyone to explore his or her own spiritual experiences. Its teachings emphasize the value of personal experience as the most natural way back to God. Whatever your religious background, they show how to look and listen within yourself—to expand your consciousness and enjoy spiritual freedom. Are you at a crossroads? Are you ready to take another important step on your road to spiritual freedom and self-mastery? If yes, then let's get started. For free information, with no obligation, you may reach us at:

**ECKANKAR Center of Eugene** ..... (541) 914-0557  
2833-C Willamette St., Eugene, OR 97405  
**ECKANKAR Center of Corvallis** .....(541) 740-7384  
425 SW Madison St., Suite N, Corvallis, OR 97330  
**Bend** (for locations, directions, and more information): ..... (541) 389-5457 or 350-2933  
**Central Coast** (for locations, directions, and more information) .....(541) 574-1015  
**ECKANKAR Web Site** ..... [www.eckankar.org](http://www.eckankar.org)  
**Oregon Satsang Society Web Site** ..... [www.eckankar-oregon.org](http://www.eckankar-oregon.org)  
To request an introductory mailing, call. ....1-800-LOVE GOD (568-3463)

*Graceful living, being gracious, means that you are filled with the blessings of God.*

—Harold Klemp, *How the Inner Master Works*, Mahanta Transcripts, Book 12, page 1



The *Wind Song* Newsletter

ECKANKAR Center of Corvallis  
425 SW Madison, Suite N  
Corvallis, OR 97330

(541) 740-7384

RETURN SERVICE REQUESTED

Subscriptions are complimentary. However, **donations of \$12 per year to help with printing and mailing are appreciated.** Please send subscription requests, donations, and changes of address to the above address. According to federal guidelines, the material value of this publication is insubstantial and therefore the full amount of your contribution is tax-deductible.