



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ECKANKAR Book Discussion Continuing July 23rd</b> <i>The Road to Spiritual Freedom, Mahanta Transcripts, Book 17,</i> by Harold Klemp, the spiritual leader of ECKANKAR		All events are at the ECKANKAR Spiritual Center of Portland unless otherwise noted. 7904 SE Milwaukie Avenue, Portland, OR 97202 (503) 233-1595 eckankar-oregon.org eckankar.org				
At noon on the weekdays identified*, a video of Sri Harold Klemp, the spiritual leader of Eckankar, speaking about a spiritual topic will be shown. Bring a lunch, join in, and enjoy!						
2 ECK Community HU Chant "Connect with the Divine by Singing HU" 11:00 - 11:45 am, see below	3	4	5	6 ECK Center Open* 10:00 am to 2:00 pm	7 Oregon City ECK Community HU Chant "Connect with the Divine by Singing HU" See below	
9 ECK Light and Sound Service "Recognizing Divine Guidance in Your Everyday Life" 11:00 am – Noon, see below.	10	11 ECK Center Open* 10:00 am to 2:00 pm	12 ECK Center Open* 10:00 am to 1:00 pm	13 ECK Center Open* 10:00 am to 2:00 pm	14	15
16 ECK Community HU Chant "Connect with the Divine by Singing HU" 11:00 - 11:45 am, see below	17	18 ECK Center Open* 10:00 am to 2:00 pm	19 ECK Center Open* 10:00 am to 2:00 pm	20	21	
23 ECKANKAR Book Discussion Book: "The Road to Spiritual Freedom" 11 am-12 pm, Rita Maupin, zeenaeck@yahoo.com, 503-315-6899, see below.	24	25	26	27	28	
30 ECK Roundtable Discussion 11 am-12 pm: "Keeping Your Face Toward God" Rita Maupin, zeenaeck@yahoo.com	31					

**Continuing ECKANKAR Book Discussion July 23rd**

You are warmly invited to join a six-month book discussion of

**The Road to Spiritual Freedom, Mahanta Transcripts, Book 17, by Harold Klemp, the spiritual leader of ECKANKAR.**

Do you relish life? Is it an adventure of discovery, joy, and satisfaction? It can be! Harold Klemp confronts a world of limitations and offers startling possibilities. His wisdom and heart-opening stories of everyday people having extraordinary experiences tell of a secret truth at work in your life--there is divine purpose and meaning to every experience you have

- Every single moment of your life is the handiwork of a higher cause. And you can know what it is. Hint: God's love is the key, and spiritual freedom is the goal.
- If you want true freedom from the limitations upon your heart, mind, and spirit, here's a chance to earn it. Be open to the inner voice of Soul--your true self--as you explore the revelations given within these pages. Pay attention to your dreams. Invite the wonder of the great unknown into your being.
- Are you ready to accept the freedom of a new state of consciousness? Then nothing can hold you back. Spiritual freedom can be yours!
- This book discussion is open to everyone, and you are invited to attend one, some, or all of the discussions.

We meet on the 4th Sunday of each month, from 11:00 am-12:00 pm, this July 23, 2017 and continuing until October 22 of 2017,

at the ECKANKAR Spiritual Center of Portland, 7904 SE Milwaukie Ave., Portland, OR. For further information, contact Rita Maupin, zeenaeck@yahoo.com.

To order the books, visit <http://www.eckbooks.org/> Or, order through your local bookstore, or online at <http://www.amazon.com>

**JULY 2017 ECKANKAR EVENTS IN THE PORTLAND METRO AREA**

OREGON CITY at Meadows Court Yard - Library, 13637 Garden Meadow Drive:

July 7: Eckankar Community HU Chant: "Connect with the Divine by Singing HU," 1:30 to 1:50 pm. Contact Jim Jackson, 503-539-1652. See

**ECK LIGHT AND SOUND SERVICE - Recognizing Divine Guidance in Your Everyday Life - July 9, 2017 - Second Sunday of the Month**



The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar.

They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in your daily life.

The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

**ECKANKAR Community HU Chant: Connect with the Divine by Singing HU - First and Third Sunday 11:00 to 11:30 am**

"HU is an ancient name for God. It is also a love song to God. All that we do with the word HU is to sing it with reverence. It represents the love of God for Soul, and we are Soul. HU represents the enormous love that the Creator has for its creation." Harold Klemp, *Spiritual Experiences Guidebook*

During a Community HU, we introduce the HU, then sing it for about 20 minutes (pronounced like the word *hue*), followed by a quiet contemplative time of about 3 to 5 minutes. Then we have fellowship. **For more information about the HU Chant, see [www.eckankar.org/](http://www.eckankar.org/) HU: A Love Song to God.**

**ECKANKAR 30-Minute Public Access TV Videos of Sri Harold Klemp speaking on various spiritual topics**

Watch and hear Sri Harold Klemp, the spiritual leader of ECKANKAR, share his wisdom and divine love on your local Public Access TV station.

BROADCAST AREA	Monday	Tuesday	Wed	Thursday	Friday	Saturday	Sunday
CH 22 and CH 33 MetroEastCM: Gresham	—	—	—	—	—	—	6:00 pm
CH 23 WFMC: Damascus, Milwaukie, Wilsonville and the Unincorporated regions of Clackamas County	3:00 pm	11:30 pm	4:30 pm, 7:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
CH 23 WFMC: Oregon City	—	11:30 pm	4:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
Ch 23 TVCTV: Banks, Beaverton, Cornelius, Durham, Forest Grove, Gaston, Hillsboro, King City, Lake Oswego, North Plains, Rivergrove, Tigard, Tualatin, Washington County and West Linn	3:30 pm	—	—	8:30 am	7:30 pm	5:30 am	—
Ch 23 PCM: Portland and East Multnomah county	8:00 pm	—	—	—	7:00 pm	—	—

**ECKANKAR Spiritual Center of Portland Contacts**

Local Director: Linda Hammond, 503-750-8667 / Oregon RESA: Diane Ehrler, 503-644-4992 / Spiritual Services: Rita Maupin 503-351-6899 / Newsletter Editor and Local Vahana Team Leader: Roger Holden, 503-577-9014

The ECK Star is published by the Oregon Satsang Society, Inc., a chartered affiliate of ECKANKAR - The Path of Spiritual Freedom.