

Lightwaves

Eckankar

Experience the Light and Sound of God April 2017

News of public and member ECK events on the South Coast

THE ECK WORSHIP SERVICE

Youth and Families and Everyone Welcome!

Sunday, April 9th 11:00 AM – Noon

Coos Bay Library Cedar Room

525 Anderson, Coos Bay

This month's discussion theme:

The Creative Power Of Soul

“You and I are Soul. As such, we have this spark of creativity within ourselves, which has no limits. In the power of divine creativity, there is no limitation whatsoever.”

--Harold Klemp, *The Road to Spiritual Freedom*, p. 69

“Ideas suddenly come to us on how to make our work easier or make something work out better for someone else.

Where do these ideas come from? From the creative imagination, the godlike part of us. This is God in expression.”

--Harold Klemp, *The Awakened Heart*, p. 19

You are warmly invited to The ECK Worship Services. Each service focuses on an aspect of Eckankar. The service lasts about an hour and features a reading from the ECK works, singing HU, and a group discussion of spiritual principles at work in daily life. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God. For those who like, fellowship and light snacks follow the service.

**For information about ECKANKAR events on the South Coast call 541-756-2255
Oregon Satsang Society, Inc. P.O. Box 1622, North Bend, OR 97459**

Spiritual Wisdom on Dreams

Saturday, April 29th, 1:30-2:30 PM

Bandon Public Library Small Conference Room, 1204 11th St. SW

People of all Faiths and Beliefs are invited to this spiritual discussion on dreams. Gain new perspectives on remembering and interpreting your dreams, getting practical help in everyday life, researching past lives, and more! For more information call 541-756-2255

A Spiritual Exercise to Try:

Create a Brighter World

If you have an uncomfortable experience or dream—or one you don't understand—take it into contemplation. Begin by singing HU for a few minutes. Then rewind the dream or experience, and run it through your mind. Next, visualize a door that opens into golden sunlight. This is the Light of God.

Now take the uncomfortable experience from the darkness; take it from the silence and solitude through the open doorway where it is dissolved by the Light and Sound of God.

This exercise can get you in the habit of looking for a brighter, more creative world, where you can find more inner satisfaction. With the help of the Inner Master, the Mahanta, you are learning to take charge of your life. You are becoming the aware Soul, the creator of your own worlds.

--Harold Klemp, *The Spiritual Exercises of ECK*, p. 233

Children, Youth, and Families in ECK

Children have the wisdom of God and are closer to it than many people who have spent years in this world gaining all kinds of knowledge about the nature of religion. Children have it naturally.

–Harold Klemp, *The Secret of Love*, p. 96

Millions of families today are looking for a spiritual home.

Some find solace in the religion they grew up with. Others are still searching.

You may be among them.

Eckankar offers families spiritual support to handle the pressures in society and at school. Eckankar offers your family spiritual values based on God's love instead of fear and guilt.

The ancient wisdom contained in Eckankar's teachings can make the job of being a parent easier. For instance:

- Each member of your family is Soul, a divine spark of God. This understanding helps you respect your child's individuality. Seeing that spark of God helps a family **have greater compassion and love for each other.**
- God speaks to each person through the [Light and Sound](#) in subtle and sometimes dramatic ways. Learning to listen to the Voice of God can help you **live with greater confidence and less fear.**
- When family members share a clearer knowledge of the spiritual laws taught in Eckankar, such as the Law of Cause and Effect (karma), **self-discipline and self-responsibility make more sense.** You and your family can learn together how to take charge of your lives, start to release negative habits, and learn to relate to each other in more loving and respectful ways.
- Eckankar's spiritual exercises help all family members **become better problem solvers** through creative imagination and direct contact with God.

www.eckankar.org/child.html

Would you like more information about ECKANKAR?

Call 1-888-Love God and receive as a gift the *Spiritual Experiences Guidebook*

Eckankar's web site: www.eckankar.org

or write: ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317-2000

For seminar info: www.visitECKseminars.org

Direct Link to HU: A Love Song to God: www.HearHU.org

Oregon's web site is www.eckankar-oregon.org for activities in all Oregon areas

Editor, South Coast Director: Ruth Gallagher, rgheartline@gmail.com, 541-756-2255

P.O. Box 1622, North Bend, OR 97459

H.I. Reviewer: Inquire to Editor, as above

Lightwaves: Subscriptions are a gift and available by regular mail or e-mail. Contact Editor, as above.

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The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

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