



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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See New Advanced Spiritual Study Satsang classes below. April 11 and April 14

Experience HU - the Sound of Soul
Sunday, April 1, from 11:00 am to 12:00 pm
 at the ECKANKAR Spiritual Center of Portland. See ☀☀☀ page 2
Friday, April 7 in Oregon City. See ☀☀☀ page 2.

ECK Light and Sound Service
 "Recognizing Inner Guidance in Your Life"
Sunday, April 8, 2018, from 11:00 am-12:00 pm. See page 2 ☀

All events are at the ECKANKAR Spiritual Center of Portland, unless otherwise noted.

7904 SE Milwaukie Avenue, Portland, OR 97202
(503) 233-1595, eckankar-oregon.org, eckankar.org

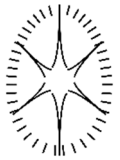
At noon on the weekdays identified*, a video of Sri Harold Klemp, the spiritual leader of Eckankar, speaking about a spiritual topic will be shown. Bring a lunch, join in, and enjoy!

<p>1 Experience HU - the Sound of Soul <i>Discover your inner guidance, healing for body, mind, and spirit and a higher form of creativity.</i> 11:00 am – 12:00 pm. See ☀☀☀ page 2</p> 	<p>3 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "The Window of Heaven - Your ECK Initiations", 1997 ECK Summer Festival</p>	<p>4</p>	<p>5 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "A New Face on Old Truths" 1997 ECK European Seminar</p>	<p>6 Oregon City Experience HU - the Sound of Soul See ☀☀☀ page 2.</p> 		
<p>8 ECK Light and Sound Service "Recognizing Inner Guidance in Your Life" 11:00 am – 12:00 pm. See page 2 ☀.</p> 	<p>10 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "How To Survive Spiritually in Our Times", 1997 ECK Worldwide Seminar</p>	<p>11 NEW ECK Satsang <i>The Easy Way Discourses,</i> 7:00 pm, Orientation Class Arahata: Arild Rossavik 503-867-9745 See page 2.</p>	<p>12 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Discover the Mahanta", 1997 ECK Worldwide Seminar</p> 	<p>14 NEW ECK Satsang <i>The Easy Way Discourses,</i> 11:00 am; Orientation Class NE Portland Arahata: Jocelyn Parrish jqparrish@gmail.com See page 2.</p>		
<p>15 No ECKANKAR events scheduled.</p>	<p>16</p>	<p>17</p> 	<p>18 ECK Center Open 10:00 am to 2:00 pm</p>	<p>19</p>	<p>20</p> 	<p>21 ECKANKAR Spiritual Exploration Discussion "Is Life A Random Walk?" 4:00 - 5:00 pm Gresham Public Library, Gresham OR. See page 2</p>
<p>22 No ECKANKAR events scheduled.</p>	<p>23</p>	<p>26</p>	<p>27</p>	<p>28</p>		
<p>29 No ECKANKAR events scheduled.</p>	<p>30</p>	<p>29</p>	<p>30</p>	<p>29</p>	<p>30</p>	



April 2018 ECKANKAR EVENTS IN THE PORTLAND METRO AREA

ECK LIGHT AND SOUND SERVICE – “Recognizing Inner Guidance in Your Life” April 8, 2018 - 11:00 - 12:00 noon



The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in your daily life.

The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Interested in Advanced Spiritual Study? New “*The Easy Way Discourses*” satsang classes are starting!

Open Satsang Classes - ECKANKAR Spiritual Center of Portland (unless otherwise stated). Open to current members who are not currently enrolled in another Satsang (unless you are the Arahata), and who have the discourse series.

April 11, Wednesday, 7:00 pm, *The Easy Way Discourses*, Orientation Class, contact Arahata: Arild Rossavik 503-867-9745.

April 14, in a private home in NE Portland, Saturday, 11:00 - 12:30 pm, *The Easy Way Discourses*, Orientation Class, contact Arahata: Jocelyn Parrish jqparrish@gmail.com, 806-356-4877 for address and directions.

To study “*The Easy Way Discourses*,” Eckankar membership is required. When you become a member of Eckankar, you receive a discourse series for your personal study. You study one lesson a month, sharing them with your family if you like.

To become a member of ECKANKAR, you may sign up online at:

- www.eckankar.org/Membership or call ECKANKAR membership services at (952) 380-2222.
- Or, talk to a member of the ECK clergy after an ECK Light and Sound Service, held at the ECKANKAR Spiritual Center of Portland on the 2nd Sunday of each month, from 11:00 am-12:00 pm.

Spiritual training and experience come in many ways with ECKANKAR membership.

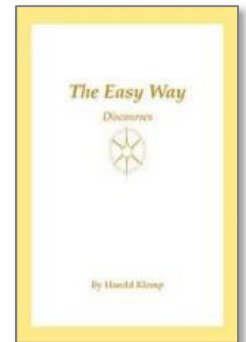
- You receive a year-long discourse series written by the spiritual leader of ECKANKAR for your personal study.
- You can also study with others in an ECK Satsang (spiritual study) class to share experiences, insights, and questions.

“The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very precise and orderly manner.

The Easy Way Discourses are a portal for you to enter the secret worlds that exist beyond our cosmos, the higher regions so well known to the ECK travelers and the saints of old.”

—Sri Harold Klemp, the Mahanta, the Living ECK Master

- To sign up for the Satsang class, contact Jocelyn Parrish: jqparrish@gmail.com, 806-356-4877
- Or contact Rita Maupin: zeenaeck@yahoo.com.

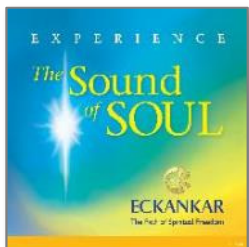




Experience HU—the Sound of Soul

Sunday, April 1, 11:00 am to 12:00 pm at the ECKANKAR Spiritual Center of Portland.

Friday, April 6, 1:30 to 1:50 pm, Oregon City, Meadows Court Yard - Library, 13637 Garden Meadow Drive. Russell Henderson: rhender@bctonline.com



Sacred Sound, ancient mantra. HU is a universal love song to God. Meet Like-Hearted People at a Sound of Soul Event.

Discover your inner guidance. Healing for body, mind, and spirit. A higher form of creativity.

Sound of Soul events offer the opportunity to chant HU, engage in spiritual conversation, and enjoy community.

Meet others of like heart who share a desire to explore their own connection with God or Divine Spirit. ECKANKAR offers events, including the Sound of Soul experience, around the world. - Sri Harold Klemp, *The Sound of Soul*

During a Sound of Soul event, we introduce the HU, then sing it for about 20 minutes (pronounced like the word hue), followed by a quiet contemplative time of about 3 to 5 minutes. Then we engage in spiritual conversation, and enjoy community.

For more information about HU-the Sound of Soul, see <https://eckankarblog.org/sound-of-soul/>.

ECKANKAR Spiritual Exploration Discussion

“Is Life A Random?” Saturday April 21, 4:00 - 5:00 pm

What do you think?

Is life just a random walk?

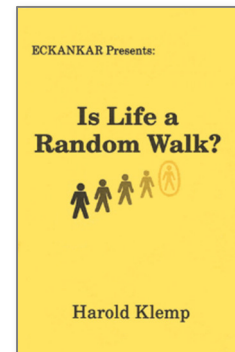
Is your spiritual life at the mercy of chance?

Or is our life a spiritual path in line with some natural order or rhythm.

This lifetime is a precious chance to reawaken to your true destiny.

- Free and all faiths welcome. For more information: Margaret 971-219-1049.
- Receive a complimentary copy of the book *Is Life a Random Walk*.

Gresham Public Library Community Room, 385 NW Miller Ave, Gresham, Oregon 97030



ECKANKAR Spiritual Center of Portland Contacts

Local Director: Linda Hammond, 503-750-8667 / Oregon RESA: Diane Ehrler, 503-644-4992 / Spiritual Services: Rita Maupin 503-351-6899 / Newsletter Editor: Roger Holden, 503-577-9014

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