

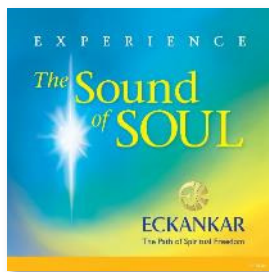


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Experience HU - the Sound of Soul Discover your inner guidance, healing for body, mind, and spirit, and a higher form of creativity. Sunday, February 4, 2018 from 11:00 am to 12:00 pm at the ECKANKAR Spiritual Center of Portland. See details below.</p> <hr/> <p>ECK Light and Sound Service "Seeing God's Hand In Everything" Sunday, February 11, 2018 from 11:00 am-12:00 pm. See details below.</p> <hr/> <p>ECKANKAR Spiritual Exploration Discussion "Spiritual Wisdom on Life after Death" Sunday, February 18, 2018 from 11:00 am - 12:00 pm. See page 2</p> <hr/> <p>ECKANKAR Spiritual Exploration Event "ECKANKAR-Ancient Wisdom for Today" Session 3— Problem Solving, Prophecy, and Divine Love, chapters 7-9 Sunday, February 25, 2018, from 11:00 am-12:00 pm. See page 2.</p>				<p>All events are at the ECKANKAR Spiritual Center of Portland, unless otherwise noted. 7904 SE Milwaukie Avenue, Portland, OR 97202 (503) 233-1595, eckankar-oregon.org, eckankar.org</p> <p>At noon on the weekdays identified*, a video of Sri Harold Klemp, the spiritual leader of Eckankar, speaking about a spiritual topic will be shown. Bring a lunch, join in, and enjoy!</p>			
<p>4 Experience HU - the Sound of Soul Discover your inner guidance, healing for body, mind, and spirit and a higher form of creativity. 11:00 am – 12:00 pm. See details below.</p>		<p>6 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Doing Our Part", 2014 ECK Worldwide Seminar</p>	7	<p>8 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "On Holy Ground" 2015 ECK Springtime Seminar</p>	9		
<p>11 ECK Light and Sound Service "Seeing God's Hand In Everything" 11:00 am – 12:00 pm. See details below.</p>		<p>13 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Life is a Chancy Thing", 2015 ECK Worldwide Seminar</p>	14	<p>15 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "The Subtle Golden Thread of Love", 2016 ECK Springtime Seminar</p>	16		17 ECKANKAR Spiritual Exploration Discussion "ECK Wisdom on Solving Problems" 4:00 - 5:00 pm Gresham Public Library, Gresham OR. See details below.
<p>18 ECKANKAR Spiritual Exploration Discussion "Spiritual Wisdom on Life after Death" 11:00 - 12:00 am, see details page 2. Contact Roger holden 503-577-9014</p>		<p>20 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "How Does the Holy Spirit Work?", 2016 ECK Worldwide Seminar</p>	21 ECK Center Open 10:00 am to 2:00 pm	<p>22 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Do You Have Trouble Loving God?", 1995 ECK Worldwide Seminar</p>	23	24	
<p>25 ECKANKAR Spiritual Exploration Event "ECKANKAR - Ancient Wisdom for Today" Session 3— Problem Solving, Prophecy, and Divine Love, chapters 7-9 11 am-12 pm, see details page 2.</p>		<p>27 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Our Spiritual Wake-up Calls", 1996 ECK Springtime Seminar</p>	28				

February 2018 ECKANKAR EVENTS IN THE PORTLAND METRO AREA

Experience HU—the Sound of Soul

Sunday, February 4, 11:00 am to 12:00 pm at the ECKANKAR Spiritual Center of Portland.



Sacred Sound, ancient mantra. HU is a universal love song to God. Meet Like-Hearted People at a Sound of Soul Event.

Discover your inner guidance. Healing for body, mind, and spirit. A higher form of creativity.

Sound of Soul events offer the opportunity to chant HU, engage in spiritual conversation, and enjoy community.

Meet others of like heart who share a desire to explore their own connection with God or Divine Spirit. ECKANKAR offers events, including the Sound of Soul experience, around the world.

- Sri Harold Klemp, *The Sound of Soul*

During a Sound of Soul event, we introduce the HU, then sing it for about 20 minutes (pronounced like the word hue), followed by a quiet contemplative time of about 3 to 5 minutes. Then we engage in spiritual conversation and enjoy community.

For more information about HU-the Sound of Soul, see <https://eckankarblog.org/sound-of-soul/>.

ECK LIGHT AND SOUND SERVICE – "Seeing God's Hand In Everything" Sunday, February 11, 2018, 11:00 - 12:00 noon

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in your daily life.

The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.



Gresham, OR

ECK Wisdom on Solving Problems: Free Eckankar Spiritual Exploration Discussion

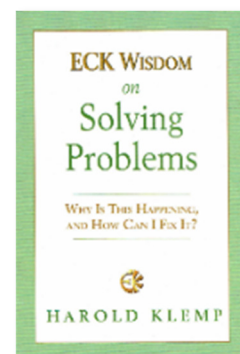
Saturday February 17, 4:00 - 5:00 pm, Free and all faiths welcome.

Learn time-tested techniques to:

- Work beyond symptoms to find solutions
- Kindle your creativity
- Change your viewpoint and overcome difficulties
- Conquer your fears

ECK Wisdom on Solving Problems book will be given as a gift to all new attendees.

Gresham Public Library Community Room, 385 NW Miller Ave, Gresham, Oregon 97030





ECK Wisdom on Life after Death: Free Eckankar Spiritual Exploration Discussion

Explore Heaven Now!

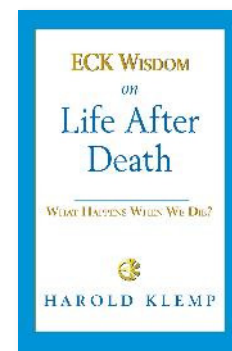
Sunday February 18, 11:00 am - 12:00 noon, ECKANKAR Spiritual Center of Portland, 7904 SE Milwaukie Ave., Portland, OR

This free class invites you to explore the eternal nature of you! Get illuminating answers to timeless questions about heaven, near-death experiences, reincarnation, and the afterlife.

Based on a book by Sri Harold Klemp, "Spiritual Wisdom on Life after Death," the class offers new perspectives on how to:

- discover you are a unique, eternal Soul;
- know that love is stronger than fear and even death;
- visit heaven;
- meet with departed loved ones.

Learn tips and techniques to get your own proof of heaven! "Spiritual Wisdom on Life after Death" book will be given as a gift to all new attendees. The contact for this event is Roger Holden, roger.holden@comcast.net, 503-577-9014.



ECKANKAR-Ancient Wisdom for Today: Free Eckankar Spiritual Exploration Event

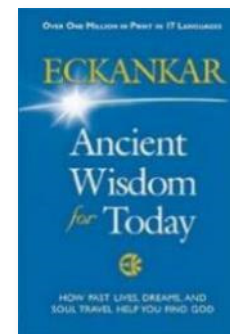
Session 3— Problem Solving, Prophecy, and Divine Love, chapters 7-9

Sunday, February 25, 2018, from 11:00 am-12:00 pm,

- Free books will be provided to all attendees at the ECKANKAR Spiritual Center of Portland.
- Or download the free book at <https://www.eckankar.org/FreeBook/index.html>

ECKANKAR Spiritual Center of Portland, 7904 SE Milwaukie Ave., Portland, OR.

The contact for this event is Roger Holden, roger.holden@comcast.net, 503-577-9014.



Interested in Advanced Spiritual Study? A new "The Easy Way Discourses" satsang class is starting soon!

To study "The Easy Way Discourses," Eckankar membership is required. When you become a member of Eckankar, you receive a discourse series for your personal study. You study one lesson a month, sharing them with your family if you like.

To become a member of ECKANKAR, you may sign up online at:

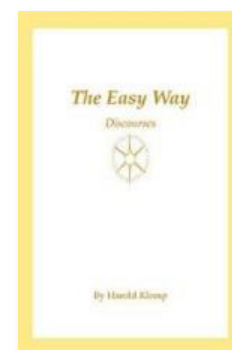
- www.eckankar.org/Membership or call ECKANKAR membership services at (952) 380-2222.
- Or, talk to a member of the ECK clergy after an ECK Light and Sound Service, held at the ECKANKAR Spiritual Center of Portland on the 2nd Sunday of each month, from 11:00 am-12:00 pm.

Spiritual training and experience come in many ways with ECKANKAR membership.

- You receive a year-long discourse series written by the spiritual leader of ECKANKAR for your personal study.
- You can also study with others in an ECK Satsang (spiritual study) class to share experiences, insights, and questions.

"The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very precise and orderly manner. The Easy Way Discourses are a portal for you to enter the secret worlds that exist beyond our cosmos, the higher regions so well known to the ECK travelers and the saints of old."

—Sri Harold Klemp, the Mahanta, the Living ECK Master



- To sign up for the Satsang class, contact Rita Maupin: zeenaeck@yahoo.com.

ECKANKAR 30-Minute Public Access TV Videos of Sri Harold Klemp speaking weekly on various topics.

We're delighted to announce expanded viewing times to watch and hear Sri Harold Klemp, the spiritual leader of ECKANKAR, share his wisdom and divine love on local cable stations. We invite you to tune in to your local Public Access TV station listed below.

BROADCAST AREA	Monday	Tuesday	Wed	Thursday	Friday	Saturday	Sunday
CH 22 and CH 33 MetroEastCM: Gresham	—	—	—	—	—	—	6:00 pm
CH 23 WFMC: Damascus, Milwaukie, Wilsonville and the Unincorporated regions of Clackamas County	3:00 pm	11:30 pm	4:30 pm, 7:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
CH 23 WFMC: Oregon City	—	11:30 pm	4:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
Ch 23 TVCTV: Banks, Beaverton, Cornelius, Durham, Forest Grove, Gaston, Hillsboro, King City, Lake Oswego, North Plains, Rivergrove, Tigard, Tualatin, Washington County and West Linn	3:30 pm	—	—	8:30 am	7:30 pm	5:30 am	—
Ch 23 PCM: Portland and East Multnomah county	8:00 pm	—	—	—	7:00 pm	—	—

Temple of ECK in Chanhassen, Minnesota

