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<p>ECK Light and Sound Service "Keeping a Calm Heart in a Changing World" Sunday, October 8th, 11:00 - 12:00 noon, details below.</p> <hr/> <p>ECKANKAR Book Discussion, Sunday, October 22, details below. <i>The Road to Spiritual Freedom, Mahanta Transcripts, Book 17</i></p> <hr/> <p>Sri Harold Klemp's 2017 ECK Worldwide Seminar live talk. Audio Presentation - Sunday, October 29, 11:00 – 12:00 noon Public event followed by community time with light food.</p>			<p>All events are at the ECKANKAR Spiritual Center of Portland, unless otherwise noted.</p> <p>7904 SE Milwaukie Avenue, Portland, OR 97202 (503) 233-1595, eckankar-oregon.org, eckankar.org</p>			
<p>1 ECK Community HU Chant "Connect with the Divine by Singing HU" 11:00 - 11:45 am. See ☼☼☼ below.</p>		<p>3 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Gods Love in Action", 1996 ECK Summer Festival</p>	<p>4 </p>	<p>5 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "In Time of Need", 1996 ECK World Wide Seminar</p>	<p>6 Oregon City ECK Community HU Chant: "Connect with the Divine by Singing HU" See ☼☼☼ below.</p>	<p>7</p>
<p>8 ECK Light and Sound Service "Keeping a Calm Heart in a Changing World" 11:00 am – Noon, see ☼ below</p>		<p>10 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "The Window of Heaven - Your ECK Initiation", 1997 ECK Summer Festival</p>	<p>11 </p>	<p>12 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "A New Face on Old Truths", 1997 ECK European Seminar</p>	<p>14 </p>	
<p>15 ECK Community HU Chant "Connect with the Divine by Singing HU" 11:00 - 11:45 am, See ☼☼☼ below.</p>	<p>16</p>	<p>17  Sri Harold Klemp the spiritual leader of Eckankar</p>	<p>18 ECK Center Open 10:00 am to 2:00 pm</p>	<p>19</p>	<p>2017 ECK Worldwide Seminar "How to Become the Awakened Soul" October 20–22, 2017 Minneapolis, Minnesota, USA</p>	
<p>22 ECK Book Discussion Book: "The Road to Spiritual Freedom" 11 am-12 pm, Rita Maupin, zeenaack@yahoo.com, 503-315-6899 See page 2.</p> <p>2017 ECK Worldwide Seminar "How to Become the Awakened Soul" October 20–22, 2017 Minneapolis, Minnesota, USA</p>	<p>23</p>	<p>25 ECKANKAR Spiritual Discussion "ECK Wisdom on Solving Problems" 5:00 - 6:00 pm Estacada Public Library, Estacada OR. See below.</p>	<p>26 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "How to Survive Spiritually in Our Times", 1997 ECK World Wide Seminar</p>	<p>27  The Temple of ECK Chanhassen, Minnesota</p>	<p>28</p>	
<p>29 Audio Presentation 11:00 – 12:00 noon, Sri Harold Klemp's live talk from the 2017 ECK Worldwide Seminar Public event followed by community time with light food.</p>	<p>30</p>	<p>31 ECK Center Open* 10:00 am to 1:00 pm ECK video at noon: "Discover the Mahanta", 1997 ECK World Wide Seminar</p>				

OCTOBER 2017 ECKANKAR EVENTS IN THE PORTLAND METRO AREA

OREGON CITY at Meadows Court Yard - Library, 13637 Garden Meadow Drive. See ☼☼☼ next page.

October 6: Eckankar Community HU Chant: "Connect with the Divine by Singing HU," 1:30 to 1:50 pm. Contact Jim Jackson, 503-539-1652.

☼ ECK LIGHT AND SOUND SERVICE – "Keeping a Calm Heart in a Changing World" October 8, 2017 - 11:00 - 12:00 noon

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in your daily life.

The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.



ESTACADA, OR

October 25: Wednesday, 5:00 - 6:00 pm, Public ECKANKAR Spiritual Discussion on ECK Wisdom on Solving Problems. Free and all faiths welcome.

Problems? Problems! Why do we have so many? What causes them? Can we avoid them? Or, is there a deeper purpose to the troubles we encounter in our lives? Join us to learn how to conquer our fears, kindle our creativity, and help change our viewpoints to overcome difficulties.

Receive a complimentary copy of the book *ECK Wisdom on Solving Problems* while supplies last.

Estacada Public Library Community Room, 825 NW Wade St. Estacada, Oregon 97023

Interested in continuing Advanced Spiritual Study? A new satsang class *The Easy Way Discourses* is starting soon!

To study *The Easy Way Discourses*, Eckankar membership is required. When you become a member of Eckankar, you receive a discourse series for your personal study. You study one lesson a month, sharing them with your family if you like.

To become a member of ECKANKAR, you may sign up online at:

- www.eckankar.org/Membership or call ECKANKAR membership services at (952) 380-2222.
- Or, talk to a member of the ECK clergy after an ECK Light and Sound Service, held at the ECKANKAR Spiritual Center of Portland on the 2nd Sunday of each month, from 11:00 am-12:00 pm.

Spiritual training and experience come in many ways with ECKANKAR membership.

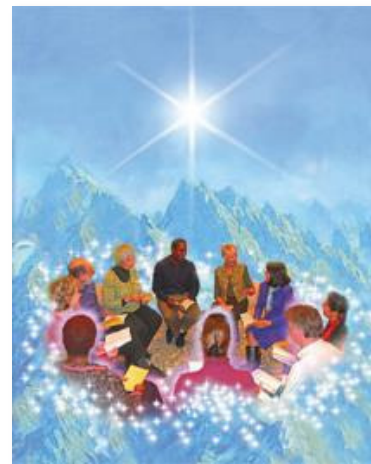
- You receive a year-long discourse series written by the spiritual leader of ECKANKAR for your personal study.
- You can also study with others in an ECK Satsang (spiritual study) class to share experiences, insights, and questions.

"The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very precise and orderly manner.

The Easy Way Discourses are a portal for you to enter the secret worlds that exist beyond our cosmos, the higher regions so well known to the ECK travelers and the saints of old."

—Sri Harold Klemp, the Mahanta, the Living ECK Master

- To sign up for the class, contact Mukendi Kim: mukendi@ymail.com
- Or contact Rita Maupin: zeenaack@yahoo.com



See Page 2.



ECKANKAR Book Discussion October 22

The Road to Spiritual Freedom, Mahanta Transcripts, Book 17, by Harold Klemp, the spiritual leader of ECKANKAR.

Do you relish life? Is it an adventure of discovery, joy, and satisfaction? It can be!

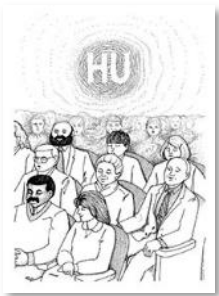
Harold Klemp confronts a world of limitations and offers startling possibilities. His wisdom and heart-opening stories of everyday people having extraordinary experiences tell of a secret truth at work in your life--there is divine purpose and meaning to every experience you have

- Every single moment of your life is the handiwork of a higher cause. And you can know what it is. Hint: God's love is the key, and spiritual freedom is the goal.
- If you want true freedom from the limitations upon your heart, mind, and spirit, here's a chance to earn it. Be open to the inner voice of Soul--your true self--as you explore the revelations given within these pages. Pay attention to your dreams. Invite the wonder of the great unknown into your being.
- Are you ready to accept the freedom of a new state of consciousness? Then nothing can hold you back. Spiritual freedom can be yours!
- This book discussion is open to everyone, and you are invited to attend one, some, or all of the discussions.

We meet on the 4th Sunday from 11:00 am-12:00 pm this October 22, 2017

at the ECKANKAR Spiritual Center of Portland, 7904 SE Milwaukie Ave., Portland, OR. For further information, contact Rita Maupin, zeenaeck@yahoo.com. To order the books, visit, or order through your local bookstore, or online at <http://www.amazon.com>

ECKANKAR Community HU Chant: Connect with the Divine by Singing HU - First and Third Sunday 11:00 to 11:30 am



“HU is an ancient name for God. It is also a love song to God. All that we do with the word HU is to sing it with reverence. It represents the love of God for Soul, and we are Soul. HU represents the enormous love that the Creator has for its creation.”

Harold Klemp, *Spiritual Experiences Guidebook*

During a Community HU, we introduce the HU, then sing it for about 20 minutes (pronounced like the word *hue*), followed by a quiet contemplative time of about 3 to 5 minutes. Then we have fellowship.

For more information about the HU Chant, see www.eckankar.org / HU: A Love Song to God.



ECKANKAR 30-Minute Public Access TV Videos of Sri Harold Klemp speaking weekly on various topics

We're delighted to announce expanded viewing times to watch and hear Sri Harold Klemp, the spiritual leader of ECKANKAR, share his wisdom and divine love on local cable stations. We invite you to tune in to your local Public Access TV station listed below.

BROADCAST AREA	Monday	Tuesday	Wed	Thursday	Friday	Saturday	Sunday
CH 22 and CH 33 MetroEastCM: Gresham	—	—	—	—	—	—	6:00 pm
CH 23 WFMC: Damascus, Milwaukie, Wilsonville and the Unincorporated regions of Clackamas County	3:00 pm	11:30 pm	4:30 pm, 7:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
CH 23 WFMC: Oregon City	—	11:30 pm	4:30 pm	5:30 pm, 11:30 pm	9:00 am	10:00 am, 6:00 pm	11:30 pm
Ch 23 TVCTV: Banks, Beaverton, Cornelius, Durham, Forest Grove, Gaston, Hillsboro, King City, Lake Oswego, North Plains, Rivergrove, Tigard, Tualatin, Washington County and West Linn	3:30 pm	—	—	8:30 am	7:30 pm	5:30 am	—
Ch 23 PCM: Portland and East Multnomah county	8:00 pm	—	—	—	7:00 pm	—	—

ECKANKAR Spiritual Center of Portland Contacts

Local Director: Linda Hammond, 503-750-8667 / Oregon RESA: Diane Ehrler, 503-644-4992 / Spiritual Services: Rita Maupin 503-351-6899 / Newsletter Editor and Local Vahana Team Leader: Roger Holden, 503-577-9014

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Views of The Temple of ECK, Chanhassen, Minnesota.

