

Eckankar in Salem
(serving Marion, Polk, and Yamhill counties)
2nd Quarter 2018

John and Kay Marikos, Local Directors 503-362-2695

New Location--Meeting Now On the First Floor of the IKE Box Café—Bay Room

- **ECK Skillshops** on the third Sunday of the Month from 11 a.m. until noon at the IKE Box Café on the southwest corner of Cottage and Chemeketa Streets (299 Cottage St. NE) in Salem next to the YMCA on the first floor in the **Bay Room** (When you enter the IKE Box Café from Chemeketa Street, there are a few stairs and then you are in a hallway. To your left is the coffee counter. Go right, instead. When you pass the restroom on your left, turn left. Just past the next restroom on your left is the first of two doors, one right after the other, you pass through to enter the Bay Room where we will meet.
 - **April 15:** A video presentation of Sri Harold Klemp speaking on March 31, 2018, at the ECK Springtime Seminar in Minneapolis, MN. Harold is the Mahanta, the Living ECK Master, the spiritual leader of ECKANKAR. He shares stories and tips on how to apply the ECK teachings to your daily life. To hear him sooner on your own, go to <https://www.eckankar.org/Broadcast/index.html>
 - May 20: “Using Your Abilities as Soul: Enjoying Adventures”
 - June 17: “Using Your Abilities as Soul: Exploring Life’s Recipes”

- **ECK Satsang (Advanced Study) Classes** for members of Eckankar who have these discourses—contact Kay Marikos at 503-362-2695 to join one of these classes or another. If you wish to become a member of Eckankar, you may contact John or Kay or go to Eckankar.org for more information. When you become a member, that’s where the spiritual growth and unfoldment really begins.
 - The Dream 2 Discourses Salem
 - The Master 2 Discourses starting soon
 - The Easy Way—**New members of Eckankar receive this discourse and can attend this class to study it.** The Easy Way discourses have been updated with new spiritual exercises and activities. So, current ECKists who have received the updated discourse may enjoy attending this class.

The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Sri Harold Klemp.

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