

ECKANKAR Newsletter for the Willamette Valley, Central Coast, and Southern Oregon

March/April 2017

Eckankar Events for Your Spiritual Exploration

Experience an ECK Worship Service

You are invited to join in an ECK Worship Service in your area. Led by a member of the Eckankar clergy, the service consists of a reading from the works of Eckankar and a short HU Song, followed by a few minutes of silent contemplation. The rest of the service is devoted to an informal group discussion exploring the day's topic.

Come discover how the spiritual tools offered by Eckankar can help you find more divine love in your life.

Membership in Eckankar

Eckankar, Religion of the Light and Sound of God, can help you find answers to your deepest spiritual questions. Through ECK Worship Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes (see page 1). For more information, visit www.Eckankar.org and click on Membership, where you can learn more about the benefits of membership and apply for membership online. Or you can call 1-888-LOVE-GOD or write to ECKANKAR, Attn: Information, PO Box 2000, Chanhassen, MN 55317-2000, to receive information and a free copy of *Spiritual Experiences Guidebook*.



Sri Harold Klemp
The Mahanta,
the Living ECK Master

Advanced Spiritual Study—ECK Satsang

The ECK Satsang classes are a portal for you to enter the secret worlds that exist beyond our cosmos, the higher regions so well known to the ECK travelers and the saints of old.

In the ECK Satsang, members of Eckankar meet monthly to study the spiritual discourses written by Harold Klemp, the spiritual leader of Eckankar, beginning with the *Easy Way Discourses*. You may arrange to visit or join a Satsang class by contacting:

Central Coast	Sharon Sheppard	(541) 574-1035
Central Oregon	Debbie and Bill Hosier	(541) 388-4628
Corvallis	Al Coffman	(541) 752-1228
Eugene	Maureen Jenne	(541) 345-7047
	Jeanine Weaver	(541) 914-9045
Grants Pass	Charlaine Fleischer	(541) 476-7648

Public Events for March/April 2017

Central Coast

(All events held at the South Beach Community Center, 3024 Ferry Slip Rd., South Beach/Newport unless otherwise noted)

All Events Are from 11 AM to Noon Unless Otherwise Noted

Mar.5 Sun ECK Worship Service, 11:00a.m.

Mar.12, Sun Book discussion 11:00 a.m.

Mar.19, Sun Community HU

Apr.2, Sun ECK Worship Service, 11:00 a.m.

Apr.9, Sun Book Discussion 11:00a.m.

Apr.16, Sun Community HU

Central Oregon

Please call (541) 728-6476 for recently added events.

Mar.23 Thurs "Discovering Truth Through Your Own Experience" 6:30 pm, Prineville Library, 175 NW Meadow Lake Dr.

Corvallis

(All events held at the Corvallis ECK Center, 425 SW Madison St., Suite N, Corvallis, unless otherwise noted)

Mar.5, Sun Community HU Song 10:00 a.m.; "Art of Spiritual Dreaming" Class 10:45am

Mar. 26 Sun ECK Worship Service, 10:00 a.m. "Becoming a Lover of Life".

Apr.2, Sun Community HU Song 10:00 a.m.; "Art of Spiritual Dreaming" Class 10:45am

Apr.23, Sun ECK Worship Service, 10:00 a.m. "Love-The Passkey to Heaven".

Eugene

(All events held at the Eugene ECK Center, 2833-C Willamette St., Eugene, unless otherwise noted)

Mar.12, Sun ECK Worship Service, 11:00 a.m. – Video: "Doing Our Part" – from the 2014 Worldwide Seminar

Mar.16, Sun Community HU Song, 11:00 a.m.

Apr.9, Sun ECK Worship Service, 11:00 a.m. – Vaughn Russ: "The Light and Sound of God".

Apr.23, Sun Community HU Song ; 11:00 a.m.

Grants Pass

For any questions, call Charlene at 541 476-7648.

The Community HU Song

Learn how to sing HU, a love song to God. A loving and uplifting spiritual exercise, HU, pronounced like the word *hue*, is sung for about twenty minutes and is followed by a brief period of sacred contemplation. Regardless of your spiritual beliefs or religion, singing HU can bring you greater happiness, love, and understanding. Singing HU can draw us closer in our state of consciousness to the Divine Being. It has helped people of many different faiths open their hearts more fully to the uplifting presence and security of God's love. Singing HU can help you experience comfort, peace, and joy; expanded awareness; inner light and/or sound; a subtle sense of divine love; the healing of a broken heart; solace during times of grief; a release of fears; answers to your questions; and much more.

The Reality of the Inner Worlds

The Dream Master wants to teach you how to begin to create a better life for yourself, both here and in the inner worlds. Because when we leave this world, we will still continue our exploration of all creation.

The inner planes are as real as the world out here. They are populated with individuals who are on missions, just as you are here. The second, third, and fourth heavens are filled with people who are still trying to find their way to God. They too are engaged in one activity or another, whether a profession or a field of art. They too are gaining experience so that they may become better and more compassionate instruments for the Holy Spirit and God.

This life provides the experiences needed to become the very best – not in a mechanical, mental way, but spiritually. In the process, you may become very good at your profession or some other facet of life, but what you are really doing is learning to open your heart to love.

Harold Klemp, The Art of Spiritual Dreaming, page 44

Eckankar, Religion of the Light and Sound of God

Eckankar teaches that there is an audible life current known as the ECK, or Holy Spirit, that connects each of us with the heart of God. We can experience the ECK as Light and Sound. Through study and practice of the Spiritual Exercises of ECK, we learn to recognize the Light and Sound of God as it touches our lives and brings increased divine love.

The spiritual leader of Eckankar is the Mahanta, the Living ECK Master, Sri Harold Klemp. The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK. Harold Klemp's inspiring talks and writings, and his practical approach to spirituality, help thousands of people worldwide find greater freedom, wisdom, and love. His teachings uplift and help people recognize their own experiences with the Light and Sound of God.

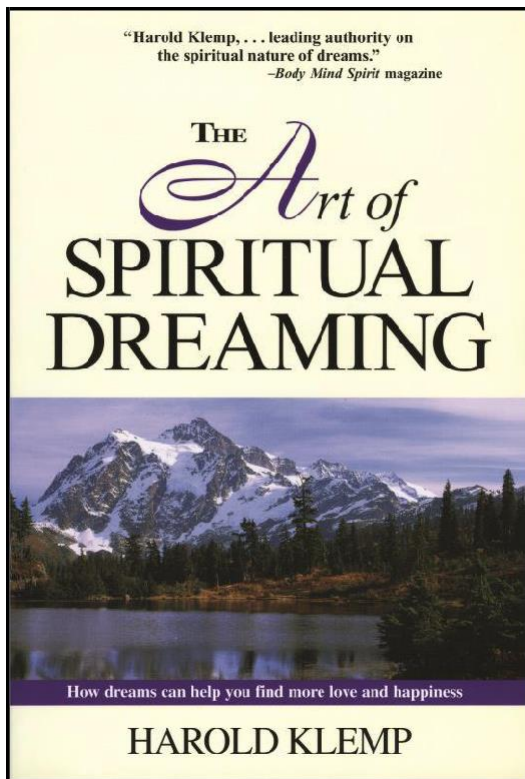
Want to know more about Eckankar?

Please visit Eckankar on the Web at www.eckankar.org or www.miraclesinyourlife.org. Or you may write to ECKANKAR, PO Box 2000, Chanhassen, MN 55417-2000 or call 1-888-LOVEGOD for an informational packet that includes a free copy of *The Spiritual Experiences Guidebook*. If you are interested in books on Eckankar, see www.ECKBooks.org. You may also call the phone number listed for your area on the back page and leave a message. Your phone call will be returned by the contact person for your area.

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Do You Get Guidance

from Your Dreams?



Discover how dreams can help you:

- Solve daily problems
- Overcome fear
- Open your heart to God's love

Do you want to understand the nature and reality of your dreams?

Try this Dream Technique:

Before falling asleep at night, sing the word HU (sung "HU-u-u-u") 3 times.

Singing HU, a love song to God, can open you to spiritual guidance and better dream recall.

Join a Spiritual Discussion!

"Dreams touch every level of our life. They may let us glimpse the future, or give suggestions for healing, or share insights into our relationships. Above all, they can and will steer us more directly toward God."

— Harold Klemp, *The Art of Spiritual Dreaming*

Spiritual Discussions – open to all--based on

The Art of Spiritual Dreaming by Harold Klemp

First Sundays, 10:45 a.m-noon, Nov 6th – April 2nd

Eckankar Center (downstairs from Starbuck's) 425 SW

Madison, Corvallis, OR 97333



PRESENTED BY THE OREGON SATSANG SOCIETY,
A CHARTERED AFFILIATE OF ECKANKAR

www.Eckankar-Oregon.org
www.MiraclesInYourLife.org

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