



Harold Klemp, Spiritual Leader of Eckankar

### What is ECKANKAR?

\*Eckankar is a spiritual teaching that can help you discover for yourself your purpose in this world. God is described as a formless, infinite being of love that manifests as Light and Sound. Each of us (Soul) is a spark of God, and each step on our spiritual path teaches us to accept God's love at a greater level.

\*from Discover Your Life as a Spiritual Adventure brochure from ECKANKAR, copyright @ 2008 ECKANKAR.

*"Soul is immortal. It has no beginning or end. It (you) exists because of God's love for It, which is the whole philosophy of Eckankar in a nutshell."*

Harold Klemp, Spiritual Leader of Eckankar  
Author of *Past Lives, Dreams and Soul Travel*

### \*A Spiritual Exercise to Try: The HU Song

HU (pronounced like the word 'hue') is an ancient word with immense spiritual power. It is the sound behind all sounds. Singing HU can open your heart, helping you find peace, expand your awareness, and gain a higher perspective on daily problems.

With eyes open or closed, take a few deep breaths to relax. Then begin to sing HU in a long, drawn-out sound. HU-U-U-U. Take another breath, and sing HU again. Continue for up to twenty minutes. Sing HU with a feeling of love, and it will gradually open your heart to unconditional love.

\*from Discover Your Life as a Spiritual Adventure brochure from ECKANKAR, copyright @ 2008 ECKANKAR.

For more information and a free introductory packet about ECKANKAR, please contact:

**ECKANKAR Center of Grants Pass**  
980 SW 6<sup>th</sup> Street, Suite 22  
(upstairs in the Riverside Plaza)  
Grants Pass, OR 97526  
541-474-9739

[www.eckankar.org](http://www.eckankar.org) ~ [www.eckankar-oregon.org](http://www.eckankar-oregon.org)

### All are welcome and invited to the monthly ECK Worship Services.

It's a time to share in God's love for Soul, and your love for God.

This one-hour service brings together three fundamental aspects of studying ECKANKAR: a reading from the ECK writings, singing and contemplating upon HU (an ancient name for God), and a discussion of spiritual principles at work in our daily lives.

Join others seeking to bring more insight into their lives at this special celebration of the Light and Sound of God.

### Grants Pass:

1<sup>st</sup> Sunday of each month 10:30 am – 11:30 am  
ECKANKAR Center of Grants Pass  
(see above for address and phone)

### Ashland:

2<sup>nd</sup> Sunday of each month 11:00 am – 12:00 pm  
Pioneer Hall (across from Lithia Park)  
75 Winburn Way, Ashland, OR 97520  
For more information, call: 541-779-3019

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# Have You Had a Spiritual Experience?

Discover the Joys and Challenges of the Spiritual Inner Life and Tools for the Journey

*Come Explore your Spiritual Journey!*

Saturday, June 27, 2009  
10:00 am – 9:00 pm

The Lodge at Riverside  
Event Center

955 SE 7th St.  
Grants Pass, Oregon 97526

Attending the  
**2009 ECKANKAR Regional Seminar**  
is a great way to discover  
**ECKANKAR, the Religion of the  
Light and Sound of God!**

We invite you and your family to be  
our guests on Saturday, June 27<sup>th</sup>.  
All seminar events are free to our guests.

We've included a dynamic youth program  
designed with lots of fun activities for all  
ages.

Stop by the registration desk to register  
and pick up your name tag and a program  
schedule.

Everyone is welcome to explore all the  
seminar segments, including workshops  
and talks by the featured program speaker,  
Phil Morimitsu.

We also invite you to stop by and check  
out the special **Guest Program activities**  
in the Guest Room, which will feature short  
talks and panel discussions designed to  
introduce the spiritual principles of  
Eckankar.

**Guest Program Activities:**

How does God Speak to You?  
Dreams  
Past Lives  
Introduction to ECKANKAR  
Panel Presentations  
Video Clips

There will be time for open questions from  
attendees at all of these guest program events.

Here are some of the  
workshops being offered:

- **Have You Had a Spiritual Experience?**  
*One-out-of-three people have had profound spiritual experiences (i.e. vivid dreams, past life recall, out-of-body adventures). Find the spiritual meaning of your experiences!*
- **Tools for the Journey**  
*What do you need to have in your backpack as you journey home to God?*
- **Manifesting a Loving Life**  
*Design your plan for accepting more of God's love by applying the Spiritual Laws of Assumptions, Attitudes, and Silence.*
- **Spiritual Healing: The Path of Love and Self Responsibility**  
*Discover Spiritual Healing and the tools and principals you can use to bring about deeper and more lasting healing for yourself.*
- **Mastering Change in Your Life**  
*Discover the secrets to mastering change in your life.*
- **The Art of the Golden Heart**  
*An interactive painting workshop.*
- **Finding Spiritual Balance in a Challenging World**  
*Explore the ways to stay spiritually balanced in these challenging times.*

**Capsule Program:**

10:00 am - 11:30 am  
Workshops and Presentations begin

11:30 am - 1:00 pm  
Lunch Break

1:00 pm - 2:30 pm  
Workshops and Presentations continue

2:30 pm – 3:00 pm  
Afternoon Break

3:00 pm – 4:30 pm  
Workshops and Presentations continue

4:30 pm – 7:00 pm  
Dinner Break

7:00 pm – 9:00 pm  
Main Evening Program with featured  
speaker

For more information about the seminar,  
please contact the local ECKANKAR Center:  
ECKANKAR Center of Grants Pass  
541-474-9739